

Underwritten by



TIDINGS

HAMPTON AREA

January/February 2010 ☀ Hampton Area Chamber of Commerce Monthly Newsletter

Hampton Area Chamber of Commerce Invites You to *The Annual Dinner & Awards Ceremony*

February 25, 2010 - 6 pm

Ashworth by the Sea on Hampton Beach

Enjoy a prestigious evening with awards like: Life-time Achievement, Business of the Year & more. Formal attire (optional). Cocktail hour with an exquisite selection of delicious hors d'oeuvres, followed by a fabulous full course dinner. Dancing to tunes spun by "Party Time".

This year's dinner promises to be an especially memorable evening as we celebrate the Hampton Area Chamber of Commerce 95th anniversary!

The evening features a chance to win a 7 night round trip dream cruise from Boston to Bermuda. You'll enjoy a top-rated cruise ship with gourmet cuisine, rejuvenating spa treatments, perfect palm-lined beaches, tons of great shopping, golfing, and so much more!

An assortment of overnight hotel package will also be up for grabs. See separate insert in this newsletter for ticket details.

Event Sponsor



HAMPTON
Area Chamber Of Commerce

Northern New England

ENTER TO WIN!

Bermuda
With NCL Cruise Lines.

Celebrate Bermuda's 400th anniversary by spending three days in port exploring incredible pink sand beaches, fantastic underwater life and shopping for those famous shorts. Plus with NCL's unique Golf Bermuda program, they'll set you up at some of the most sought after courses.

SEVEN NIGHT ROUND TRIP CRUISE FROM BOSTON

SPONSORSHIP OPPORTUNITIES STILL AVAILABLE

See separate insert in this newsletter for details

Proudly Serving Hampton, Hampton Beach, Hampton Falls, North Hampton, Rye & Seabrook

MEMBER NEWS

Seabrook Chiropractic & Wellness Center was open Friday December 25th for one special guest. After a very long night of delivering toys all over the world, Santa Claus stopped by to see Dr. Mark



Lique in Seabrook for his traditional post-Christmas night adjustment. "The 24 hour long shifts sitting in my sleigh were really doing a number on me" Mr. Claus stated. "Add a magical bag with millions of toys inside and it was a recipe for disaster".

Mr. Kringle met Dr. Mark four years ago after he had given an ergonomics seminar to the elves at Santa's well-known workshop. "After hearing what Dr. Mark said regarding the health of my spine and nervous system, I knew that I needed to start getting adjusted if I wanted to continue delivering toys for hundreds more years. Now I feel SO good, I come back every year without hesitation."

The Samuel P. Hunt Foundation has awarded \$3,600 to **New Generation, Inc.** for the purchase of a generator. This generator will ensure heat and electricity to the women and babies who reside at the shelter.

Founded in 1987, New Generation, Inc. is a shelter for pregnant and newly parenting women who are homeless. The shelter houses up to seven women and their infants at a time, providing counseling, parenting education, nutrition and life skills, and transportation to partnering agencies. Other services: *Second Generation Thrift Shoppes (in Greenland, Rochester and Seabrook)*, and *Generation Gap Furniture Barn*. For further info, stop by at 568 Portsmouth Avenue, Greenland, call 603-436-4989, or visit their website at www.newgennh.org.

The Children's Museum of NH will hold its annual Family Mardi Gras Celebration on Sunday, February 14 from 12 - 5 pm. This colorful cultural celebration features entertainment and activities for all ages, and is generously underwritten by Laconia Savings Bank.

The Family Mardi Gras Celebration will include live Cajun music by The Fiddling Thomsons at 1 pm and 3 pm, regional foods of New Orleans to sample, and children's parades through the museum led by museum mascot Albert The Costumed Alligator. Children can make Mardi Gras masks and jester hats, and each visitor will receive a strand of colorful Mardi Gras beads to wear and take home. All Mardi Gras activities are included in regular paid admission to the museum: \$8 for adults and children, \$7 for seniors, and no charge for museum members and children under age one.

Featured entertainers The Fiddling Thomsons are a father-and-son duo from Newmarket, NH who have performed their lively Cajun music at festivals throughout New England. Dad Ryan is a music and dance professional who has been honored by inclusion in the traditional and touring artists rosters of the NH State Council on the Arts. He teaches fiddle, banjo, flute, piano, and other instruments. Son Brennish has been performing for many years of his young life and plays fiddle, wooden spoons, zydeco rubboard, and the pennywhistle. Visit www.captainfiddle.com/thomsonsband for more information on The Fiddling Thomsons.

For more information on the Family Mardi Gras celebration, please call (603) 742-2002 or visit www.childrens-museum.org.

The Children's Museum of New Hampshire is located at 6 Washington Street in Dover and offers two levels of hands-on, custom-created exhibits for children ages 1-12. Children can explore a wide range of subjects, from dinosaurs, music and aeronautics to world cultures, art and natural history. Open year-round, the museum hosts a variety of live performances, workshops, classes and special events for families. In its first year of operation in Dover, the museum welcomed nearly 130,000 visitors from 48 U.S. states and 11 foreign countries.

CHAMBER CONNECTION

A Daytime Networking Event

Wednesday, February 3, 2010, 11:30 to 12:30

**Speaker: Donn Ingemie, President & CEO
Chamber Member Services, LLC**

**Topic: Marketing Your Business
to New Residents**

Hampton Area Chamber members and their guests are invited to join us for this straightforward networking opportunity at the Chamber office, One Lafayette Road, Hampton, on the first Wednesday of most months from 11:30 to 12:30. Attendees will meet other professionals to make contacts and expand visibility for their businesses. There will be time for a short infomercial about your business, a featured speaker will present a topic of interest, and the rest is all about networking.

Contact Katie Curran at (603) 926-8718, ext. 104 or e-mail katie@hamptonchamber.com to reserve a spot. Space is limited to the first 25 reservations received. Reservations are required. An e-mail confirmation will be sent to each month's attendees.

Integrated Orthopaedics/Core Physicians, located at Exeter Hospital, Suite #301 is now called **Core Orthopaedics**.

Whether you are an athlete looking to get back in the game or you need help resuming daily activities impacted by bone and joint problems, the Core Orthopaedics team will continue to be here to help. Core Orthopaedics is a group of highly skilled surgeons and physicians experienced in the latest diagnostic techniques and treatment options available for bone, joint, and muscle injuries and disorders.

Core Orthopaedics provides the most advanced non-operative techniques as well as surgical options. Our leading surgical experts and physicians are fellowship trained, board certified and recognized for their specialties in sports medicine, total joint replacement, foot and ankle, hand and wrist, general orthopedics, and much more.

Core Orthopaedics is committed to keeping you moving and returning you to an active lifestyle quickly and safely. If surgery or other medical intervention is required, our Network of Caring services will complete your continuum of care.

Providers include: Joseph Bernard, DO; Aaron Colman, MD; Thomas McGovern, MD; Roger Nowak, MD; Mark Reeder, MD; K.C. Spengler, MD; Malcolm Hauthaway, PA-C.

About Core Orthopaedics: Core Orthopaedics provides fully integrated care of the musculoskeletal system with specialties in sports medicine, joint replacement and the feet and ankles. The practice is part of Core Physicians, a community-based, multi-specialty group practice affiliated with Exeter Hospital. The practice unites specialized and fellowship-trained surgeons with the diagnostic and therapeutic resources of Exeter Health Resources. For more information, call 603-778-7975 or visit www.corephysicians.org.

Mark Your Calendar!

Annual Wine Tasting Event

In Cooperation with the Exeter Chamber

Thursday, April 29, 2010

Ashworth By The Sea

Watch for Details to Come!

**SCORE, Counselors to America's
Small Business, Presents the Following
Workshops to Help Small Business:**

Tuesday, February 2nd, 6-9 PM

**USING THE INTERNET TO START OR GROW A
SMALL BUSINESS**

Sponsored by: Federal Savings Bank

Location: SCORE office, 195-A Commerce Way,
Portsmouth, NH

Tuesday, February 16th, 6-9 PM

HOW TO START OR GROW A SMALL BUSINESS

Sponsored by: TD Bank

Location: SCORE office, 195-A Commerce Way,
Portsmouth, NH

Tuesday, March 2nd 6-9 PM

**USING THE INTERNET TO START OR GROW A
SMALL BUSINESS**

Sponsored by: TD Bank

Location: SCORE office, 195-A Commerce Way,
Portsmouth, NH

Tuesday, March 16th, 6-9 PM

HOW TO START OR GROW A SMALL BUSINESS

Sponsored by: Citizens Bank

Location: SCORE office, 195-A Commerce Way,
Portsmouth, NH

Tuesday, March 30th 6-9 PM

**SMALL BUSINESS FINANCES; WHAT YOU NEED TO
KNOW**

Sponsored by: TD Bank

Location: SCORE office, 195-A Commerce Way,
Portsmouth, NH

Tuesday, April 13th, 5-8 PM

**USING THE INTERNET TO START OR GROW A
SMALL BUSINESS**

Sponsored by: Northeast Credit Union

Location: 100 Borthwick Ave., Portsmouth, NH

Tuesday, April 27th, 6-9 PM

HOW TO START OR GROW A SMALL BUSINESS

Sponsored by: TD Bank

Location: SCORE office, 195-A Commerce Way,
Portsmouth, NH

***SIGN UP NOW!
SEATING IS LIMITED***

For more information or to reserve a seat, call
SCORE at 603-433-0575

or visit the website: www.scorehelp.org



Find new customers.

Reserve your ad space early!



The Hampton Area Chamber of Commerce is targeting new residents to help its B2C – business-to-consumer – members reach new customers. This program is your chance to participate in an intensive marketing initiative targeting the most lucrative demographic of buyers – the new resident. There are limited ad spaces available in this program, and it will sell out.

Here's how it works: every month for the next 2000 new residents, or for a period of 1 year – whichever comes first – all new residents in our multi-town service area will receive a warm welcome letter from your chamber, and a digitally printed, full color direct-mail brochure with your ad, promotion, and offer. Then, new residents are provided with an online link to your ChamberMail Ad offer and your company's website to keep them coming back to you! Help new residents establish their buying habits with you through Hampton Area ChamberMail!

ChamberMail Pricing starts at \$199

Call Pat Morgenstern

603-926-8718, ext. 103



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O'Leary's Grille in Hampton to
Host Chamber at
"Business After Hours"

Wednesday, February 17, 2010 – 5:00–7:00 pm

Co-Sponsored by BEAN INSURANCE AGENCY

Business After Hours on February 17, 2010 will take the Hampton Area Chamber to another new location for us. O'Leary's Grille, located at 816 Lafayette Road in Hampton, will host the Chamber and guests in this popular local restaurant. The event is generously co-sponsored by Bean Insurance, 151 Winnacunnet Road in Hampton.

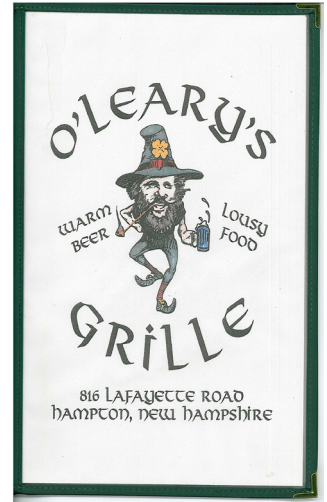
The completely renovated restaurant now offers daily specials and lower prices. Owners Laura and Bobby O'Leary are responding to their customers' ideas, gathered from a suggestion box placed in the restaurant.

According to Laura O'Leary, "To our valued customers, business owners, family, and friends: We understand that times are tough. We are all feeling the pinch of the economy. We have accommodated a lot of the suggestions that you gave us, and believe that you will enjoy the changes.

"A \$5.99 lunch menu is now available from 11:30-3:00 Monday-Friday. The menu has been consolidated and prices are lower. There is a great selection on a new kids' menu and the brand new dining room that welcomes families. Some video games are available in the dining area to keep kids occupied and televisions are all around to keep customers up on the game while they enjoy an affordable dinner in the family friendly atmosphere. Families are also welcome in the lounge to watch a game on the five flat screen televisions. Children are welcome in the lounge until the kitchen closes. The full menu is available in the lounge as well."

Come to Business After Hours, see the newly renovated restaurant and lounge, and learn more about the exciting specials and events happening at O'Leary's Grille.

Business After Hours is open to Chamber members and their guests, and anyone interested in the Seacoast business community. There will be hors d'oeuvres, a cash bar, and door prizes. Admission is two business cards at the door. Parking is free and plentiful. Network with colleagues and make new friends at Business After Hours at O'Leary's Grille. Visit www.hamptonchamber.com for more details of Hampton Area Chamber events.



Chamber Officers

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Unitil Corporation

Immediate Past Chairman

Eileen Nevins

Law Office of Eileen Nevins

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Hampton Area Chamber of Commerce

One Lafayette Road

P.O. Box 790

Hampton, NH 03843

Phone: 603-926-8718

Fax: 603-926-9977

Showcase Your Business at Business After Hours!

Consider Donating a Door Prize or Gift Certificate:

Your Business Will Receive Recognition at the Event

To donate a door prize, call Pat Morgenstern at 603-926-8718, ext. 103



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